



Sam Houston State University

# College of Osteopathic Medicine

ELEMENT 9.11 - HEALTH INSURANCE

1. GENERAL

This SHSU-COM health services policy describes resources and supportive opportunities available to encourage students, staff and faculty to maintain their health and seek services when needed.

2. MEDICAL STUDENT HEALTH INSURANCE

- 2.1. All medical students enrolled at SHSU-COM are required to show proof of health insurance. All students must maintain health insurance coverage throughout their enrollment at SHSU-COM.
- 2.2. Students may obtain health insurance privately or through one of the Sam Houston State University student health insurance plans. The SHSU health plan is available to all students. Family coverage is also available through this program.

3. PHYSICAL HEALTH SERVICES

- 3.1. Students may be seen by a physician or medical practitioner of their choosing or may be seen at the SHSU Student Health Center.
  - 3.1.1. Additional physical health service locations shall be provided for students to access diagnostic, preventive, and therapeutic health services in all locations where students receive education from the COM.

4. MENTAL HEALTH SERVICES

- 4.1. SHSU has confidential counseling services at the Huntsville campus and The Woodlands Center that are available to all students.
- 4.2. Additional mental health service locations shall be provided for students to access diagnostic, preventive, and therapeutic mental health services in all locations where students receive education from the SHSU-COM.

4.3. Medical students shall have 24/7 access to mental health resources.

5. PROVISION OF MENTAL AND PHYSICAL HEALTH SERVICES

5.1. SHSU-COM and the Council on Osteopathic College Accreditation prohibits the provision of health care services to students by faculty involved in their evaluations.

5.1.1. It is a violation of this policy for students to request faculty to provide medications or other treatments outside of a physician-patient relationship.

5.1.2. Students on self-selected elective rotations, outside the purview of SHSU-COM, must plan for their health care needs at the rotation site independently with the assistance of SHSU Student Affairs.

5.1.3. Faculty providing health services, via a therapeutic relationship, shall be required to recuse themselves from the academic assessment or promotion of the student receiving those services.

**Procedure Title: Health Insurance**

**Corresponding Policy: SHSU-COM Health Services Policy**  
**COCA Standard/Element: COCA 9.11 Health Insurance**

**Effective: Upon Receiving Pre-Accreditation Status**  
**Revised: December 21, 2018**

**Description:**

SHSU-COM students shall be required to retain health insurance while enrolled at the medical school.

| <b>Procedure Step/Task</b> |   | <b>Responsible Party</b> |
|----------------------------|---|--------------------------|
| 1.                         | Students shall be notified that they are required to carry health insurance while enrolled in SHSU-COM                                | SHSU Student Affairs     |
| 2.                         | Students shall be required to provide proof of insurance upon matriculation and maintain coverage throughout their enrollment period. | SHSU Student Affairs     |
| 3.                         | Student shall be provided with an opportunity to purchase health insurance through the University program                             | SHSU Student Affairs     |