

## SPECIAL POINTS OF INTEREST:

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Dr. Lydia C. Fox**
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- **Meet the  
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Mentor—  
Reade Dowda**
- **Recent scholar  
achievements**

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## Message from the Director

We just began another productive year in the McNair Scholars Program at Sam Houston State University. Our scholars have been busy completing their research projects and presenting at research conferences. We are extremely proud of their numerous accomplishments.

In October, we selected a new cohort of 17 scholars, Cohort XI, and they too have been busy with seminars and workshops and research. They are currently forging relationships with their

faculty mentors and developing topics for their McNair research projects. It is so exciting to see new faces and to establish relationships with them. Personally, it is especially rewarding to be a part of this magnificent program and to share with our scholars their journey to graduate education. I look forward to being a part of their successful lives.

~Dr. Lydia C. Fox

## Congratulations Cohort X!



**Nine scholars from  
Cohort X  
successfully  
presented and  
completed their  
McNair Research at  
our Summer 2013  
Conference**

# Meet Cohort XI



Alondra Garza  
Criminal Justice



Brenda Sanchez  
Interdisciplinary Studies / Bilingual  
Education EC-6  
Mentor: Dr. Helen Berg



Gloria Sanchez  
Victim Studies  
Research Interest: Battered  
Women's Syndrome  
Mentor: Dr. Lisa Muftic



Cecilia Abad  
History  
Research Interest:  
Orientalism  
Mentor: Dr. Brian Domitrovic



Jose Olivares  
Accounting  
Research Interest: Internal Control  
Mentor: Dr. Ron Daigle



Katherine Hernandez  
Food Science & Nutrition  
Research Interest: Psychology of  
Food Choices Leading to Obesity  
Mentor: Dr. Valencia Browning-Keen





Kenneth Nobleza  
Biology  
Research Interest: Molecular  
Genetics  
Mentor: Dr. Chris Randle



Marcus Ussery  
CJ / Forensic Anthropology  
& Forensic Science  
Research Interest:  
Crime Prevention  
Mentor: Dr. Ryan Randa



Mauro DaRosa  
Sociology  
Research Interest: Differing  
Effects of Technology on Racial/  
Ethnic Groups



Nohemi Rodriguez  
Education  
Research Interests: Bilingual Programs  
in the Texas School System  
Mentor: Dr. Helen Berg



Paul Ruiz  
History  
Research Interest: Latin American  
History  
Mentor: Dr. Charles Heath



Ricky Landeros  
Banking & Finance  
Research Interest: Determining  
which Stocks of Different Firms to  
Buy  
Dr. Elsie Ameen





Ron Little  
Psychology  
Research Interest: Bullying,  
Autism, Stuttering



Samantha Reed  
Psychology  
Research Interest: Impact of  
Parenting Styles on Intimate  
Relationships  
Mentor: Dr. Judy Nelson



Miguel Arellano-Arriaga  
Psychology  
Research Interest: LGBT in  
group/out group biases and  
mortality salience.  
Mentor: Dr. Jeff Anastasi



Heather Robbins  
English  
Research Interest: Political &  
WWII Symbolism in Tolkien's  
Works  
Mentor: Dr. Diane Dowdey



Babbie Suarez  
Biology  
Research Interest:  
Archaeosaur Teeth  
Mentor: Dr. Patrick Lewis

## Reade's Corner:

It is very common to conduct business over lunch or dinner. It is important for employees and interviewees to maintain similar levels of professionalism at the restaurant as in the office. Here are a few things about business dining etiquette.

1. Place your napkin in your lap after everyone is seated. Fold it once with the crease facing toward you.
2. When excusing yourself from the table, do so in between courses and indicate that you are still dining by placing your napkin in your chair or to the left of your plate.
3. If you need something additional, wait until the server returns. Do not attempt to wave down the wait staff.
4. Cup your hand in front of your lemon while squeezing so that you do not "juice" the person in front of you.
5. If you want coffee, order it after the main dinner, but before the dessert.
6. When eating a roll or slice of bread, tear off a bite-size piece, butter it, and lay the knife across the top of the bread plate.
7. Do not brush crumbs off the table.
8. Do not mop up sauces, gravy, or soup with your bread or crackers.
9. Eat chicken with utensils, not your fingers.
10. If you drop a utensil, ask the waiter for a new one.
11. Determine the appropriate price range by asking the host what he or she recommends.
12. When meeting someone in a restaurant, wait in the lobby unless other arrangements have been made.
13. Do not order alcoholic beverages during a dinner or luncheon.
14. It is appropriate and courteous to thank your waiter each time you are served.
15. Do not start talking business at the beginning of a meal. Allow the host to set the pace.
16. Maintain the same pace of eating as the person you are with. If the person is a slow eater, elaborate on a topic while he or she is eating. If you are a slow eater, ask the other person a question that takes time to answer such as the most gratifying part of his or her job.



## Meet the Graduate Mentor

Reade Dowda grew up on Keystone Lake near Tulsa, Oklahoma and finished his undergraduate work at Oklahoma State University, attaining his B.A. in American Studies. He then moved to Thailand where he taught English and science for 2 years. Reade earned an M.S. in counseling from OSU and completed his internship at the OSU-Tulsa University Counseling Clinic. He is currently enrolled in SHSU's Counselor

Education doctoral program and teaches an introductory counseling class. Reade's ultimate career goal is to be a professor at a university.

When he is not working or in class, Reade enjoys traveling, cooking and eating new foods, and spending time with family and friends.



# Recent Achievements

Laura Chavez

Has been accepted into the counseling graduate program at SHSU

Virginia Curran

Has been accepted into the curriculum and development graduate program at SHSU

Jimmy Dunham

Has been accepted into the clinical psychology program at SHSU

Rosalin Lambey

Has been accepted into the counseling graduate program at SHSU and is the graduate mentor for Project Connect

Ugo Onochie

Has been accepted into the information assurance and security graduate program at SHSU

Chris Cruz

Studied abroad in Jordan last summer

Dustin Hicks

Has recently earned an internship in accounting

Elizabeth Rahman

Has been accepted into the forensic science graduate program at SHSU

Monique Edwards

Has been accepted into the general psychology program at SHSU

Cristhian Cadena

Excelled in a summer research program at the University of Pennsylvania and will be enrolling in a post-baccalaureate program with the National Institutes of Health

Aurelia Mapps

Excelled in a summer research program at Johns Hopkins University

