

# **Seth D. Olson, Ph.D., LPC (TX), LPC-MH(SD), LPC(SD), NCC**

Sam Houston State University • Department of Counselor Education • [seth.olson@shsu.edu](mailto:seth.olson@shsu.edu)

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## EDUCATION

### **Doctorate of Philosophy**

Counseling and Human Development Services, August 2004, Kent State University.

Dissertation title: *Perceptions of Counselor Educators Relative to the Standards for Counseling Supervisors.*

### **Master of Arts**

Counseling and Psychology in Education, May 1999, University of South Dakota, Vermillion, South Dakota.

### **Bachelor of Arts**

Psychology, May 1997, University of Nebraska-Lincoln, Lincoln, Nebraska.

## CERTIFICATION & LICENSURE

Licensed Professional Counselor (TX) #54466 (2021)

Licensed Professional Counselor-Mental Health (SD) #20397 (2020)

Licensed Professional Counselor (SD) #7037 (2008)

National Certified Counselor #57506 (1999)

Gottman Seven Principles Program Educator (2013)

Completed Level 3 Training in Gottman Method Couples Therapy (2010)

Certified Clinical Trauma Professional (2016)

## PROFESSIONAL EXPERIENCE

2020- present    **Department Chair and Professor**, Department of Counselor Education, Sam Houston State University, Huntsville, TX

2003- 2020      **Associate Professor**, Department of Counseling and Psychology in Education  
University of South Dakota, Vermillion, SD

2017- 2020      **Mental Health Counselor**, Olson Counseling and Consulting, Sioux Falls, SD  
Private practice: counseling adolescents, families, and couples, with a variety of diagnoses.

2005- 2010      **Mental Health Counselor**, Stronghold Counseling Services, Sioux Falls, SD  
Private practice: counseling adolescents, families, and couples, with a variety of diagnoses.

## PROFESSIONAL PUBLICATIONS

- Bjornestad, A., Olson, S., & Weidauer, L. (2021). Improving Officer-Soldier Communication through Active Listening Skills Training with Army ROTC Cadets. *Military Psychology*. DOI: 10.1080/08995605.2021.1902179
- Olson, S., Chesnut, S., & DeCino, D. (2021). The influence of anxiety on response to negative sentiment override assessment protocols during couple counseling. *Journal of Mental Health Counseling, 43(4)*, 354-371.
- Murphy, K., Jorgensen, M., & Olson, S. (2020). View from the witness stand: Licensed counselors' experiences providing court testimony. *Journal of Counseling Leadership and Advocacy, 7(2)*, 118-131.
- Olson, S., Brown-Rice, K., & Gerodias, A. (2018). Professional Counselor Licensure Portability: An Examination of State Licensure Applications. *The Professional Counselor, 8(1)*, 88-103.
- DeCino, D., Strear, M., & Olson, S. (2018). Exploring School Counselors' Social Desirability, Multicultural Counseling Competence, and Demographics in the Midwest. *Journal of School Counseling, 16(2)*.
- Brown-Rice, K., Scholl, J., Fercho, K., Pearson, K., Kallsen, N., Davies, G., Ehli, E., Olson, S., Schweinle, A., Baugh, L., & Forster, G. (2018). Neural and psychological characteristics of college students with alcoholic parents differ depending on current alcohol use. *Progress in Neuropsychopharmacology & Biological Psychiatry, 81*, 284-296.
- Jorgensen, M., Brown-Rice, K., & Olson, S. (2018). Clinical supervisors' knowledge of supervisees with problems of professional competency. *Journal of Counselor Preparation and Supervision, 10(1)*, 1-20.
- Olson, S., Brown-Rice, K., & Keller, N. (2016). Mental health practitioners' knowledge of colleagues' problems of professional competency. *Journal of Mental Health Counseling, 38(4)*, 308-326.
- Holtberg, T., Olson, S., & Brown-Rice, K. (2016). Adolescent Gender Differences in Residential Versus Outpatient Mental Health Treatment: A Meta-Analysis. *Journal of Mental Health Counseling, 38(4)*, 217-232.
- Knezevic, B., & Olson, S. (2014). Counseling those Displaced by War: Experiences of Refugees from the Former Yugoslavia. *The Professional Counselor, 4*, 316-331.
- Flynn, S., Olson, S., & Yellig, A. (2014). American Indian Acculturation: Tribal Lands to Predominantly White Postsecondary Settings. *Journal of Counseling and Development, 92*, 280-293.

- Olson, S., & Korcuska, J. (2010). Creating Constructivist Courses in Supervision. In McAuliffe, G., & Eriksen, K. (Eds.) *Handbook of Preparing Counselors and Other Helping Professionals: Constructivist, Development, and Experiential Approaches*.
- Korcuska, J., & Olson, S. (2010). Creating Constructivist Course in Practica and Internship. In McAuliffe, G., & Eriksen, K. (Eds.) *Handbook of Preparing Counselors and Other Helping Professionals: Constructivist, Development, and Experiential Approaches*.
- Duncan, K., Olson, S., & Roseman, C. (2008). The mock career fair. In Foss, L. L. & Green, J. (Eds.) *School counselors share their favorite group activities: A guide to choosing, planning, conducting, and processing*. Association for Specialists in Group Work.
- Olson, S., Korcuska, J., & Paez, S. (2007). Creating Narrative Leagues. *Professional School Counseling, 10*, 520-523.
- Olson, S. (2004). Inappropriate Group Activities: "These Will Work". In Lawrence, T., Rachele, P., & Whitlege, J. (Eds.) *Critical Incidents in Group Counseling*. American Counseling Association: Alexandria, VA.
- Olson, S. (2004). Quantum Change: When Epiphanies and Sudden Insights Transform Ordinary Lives. Resource Review in *Counseling Today*. December 2004. American Counseling Association. Considered under national peer-review.
- Osborn, C., West, J., Bubenzer, D., Duba, J., & Olson, S. (2003). Dimensions and Areas for Leadership. In Bubenzer, D., West, J., & Osborne, C. (Eds.) *Leaders and Legacies: Contributions to the Profession of Counseling*. Brunner-Routledge: New York, NY.
- Page, B., Jencius, M., Rehfuss, M., Olson, S., Foss, L., Petruzzi, M., Dean, E., & Sager, D. (2003). Paltalk on-line groups: Process and reflections on students' experience. *Journal for Specialist in Group Work, 28*, 35-41.
- Page, B., Jencius, M., Rehfuss, M., Olson, S., Foss, L., Petruzzi, M., Dean, E., & Sager, D. (2003). Paltalk on-line groups: Process and reflections on students' experience. *Journal for Specialist in Group Work, 28*, 35-41.

### EDITORIAL PUBLICATIONS

- Olson, S. (2004). Resource Review in Counseling Today. *Quantum Change: When Epiphanies and Sudden Insights Transform Ordinary Lives*. December 2004. American Counseling Association.

### GRANTS

- Bjornestad, A., & Olson, S. (2017-2020). Improving officer-soldier relationships through active listening skills training. Role: Co-principal. Sponsoring Organization: Department of the Army. Applied budget request: \$210, 892
- Brown-Rice, K., Baugh, L., Olson, S., & Schweinle, W. (2016, not awarded). The effects of historical trauma on Native American adults' psychological and neural functioning. Sponsoring Organization: National Institutes of Health. Applied budget request: \$532, 742.

Brown-Rice, K., Forster, G., Baugh, L., Schweinle, A., & Olson, S. (2015-2016). Mediators of emotional issues in college students of alcoholic parents. Role: supporting. Sponsoring Organization: National Institutes of Health.

Mims, G., Korcuska, J., Olson, S., & Karper, C. (Not awarded, 2003). Multi-cultural understanding: Cultural specific information for teachers. Role: Co-principal. Sponsoring Organization: U.S. Department of Education. Applied budget request: \$2,000.

### PROFESSIONAL PRESENTATIONS

Olson, S. (August, 2017). *University of South Dakota School of Medicine Relationship Training*. Presented at University of South Dakota School of Medicine. Sioux Falls, SD.

Brown-Rice, K., & Olson, S. (2017). *Neural and psychological characteristics of college students with alcoholic parents differ depending on current alcohol use*. American Counselor Association International Conference. San Francisco, CA.

Olson, S., & Gartner, A. (2016). *Captain Obvious Learns Something New about Anxiety*. Presented to the South Dakota Counseling Association conference. Aberdeen, SD

Olson, S. (October, 2015). *John Gottman's 7 Principles: Improved Counseling Work with Couples and Improved Personal Relationships*. Presented to the South Dakota Counseling Association-Clinical Mental Health. Sioux Falls, SD.

Olson, S. (February, 2015). *University of South Dakota School of Medicine Relationship Training*. Presented at University of South Dakota School of Medicine. Sioux Falls, SD.

Olson, S. (August, 2014). *University of South Dakota School of Medicine Relationship Training*. Presented at University of South Dakota School of Medicine orientation seminar. Sioux Falls, SD.

Olson, S. (October to November, 2013). *Exercising Your Relationship: Making Relationships Work*. Presented at Westminster Presbyterian Church; five one hour relationship classes. Sioux Falls, SD.

Olson, S. (September, 2013). *Exercising Your Relationship: Making Relationships Work*. Presented at Westminster Presbyterian Church two hour relationship workshop. Sioux Falls, SD.

Olson, S. (September, 2013). *Nurturing Your Relationship: Making Relationships Work*. Presented at University of South Dakota School of Medicine relationship two hour workshop. Sioux Falls, SD.

Olson, S. (August, 2013). *University of South Dakota School of Medicine Relationship Training*. Presented at University of South Dakota School of Medicine orientation seminar. Sioux Falls, SD.

Olson, S., Roseman, C., Muxen, M., & Fellner, M. (2008). *Working Through Ethical Dilemmas: A Supervisor's Guide*. Presented at the South Dakota Counseling Association Conference Preconference Workshop. Rapid City, SD

Olson, S., Briddick, C., Mims, G., & Smith, H. (2007). *Supervision and Ethics*. Presented at the South Dakota Counseling Association Conference Preconference Workshop. Sioux Falls, SD

- Bruch, R., & Olson, S. (2007). *Improving Consultation Practices between School Counselors and School Psychologist*. Presented at the South Dakota Counseling Association Conference. Sioux Falls, SD
- Olson, S. (November, 2005). *Grace-based discipline*. Presented at Graceful Parenting Conference. Sioux Falls, SD.
- Olson, S. (April, 2005). *Postmodern Approach to Counselor Supervision*. Presented at the South Dakota Counseling Association Conference. Sioux Falls, SD.
- Olson, S. (April, 2005). *Perceptions of Counselor Educators Relative to Standards for Counseling Supervision*. Presented at the South Dakota Counseling Association Conference. Sioux Falls, SD.
- Vernon, D., & Olson, S. (November, 2001). *Group work with angry teens*. Presented at the Ohio Counseling Association Conference. Columbus, OH.
- Page, B., Jencius, M., Olson, S., & Reh fuss, M. (October, 2001). *Computer-based audio discussion groups: How can they be set up and how can they benefit students?* North Central Association for Counselor Education and Supervision. Chicago, IL.
- Page, B., Mitchell, C., Olson, S., Wester, K., Chrobak, M., & Vernon, D. (November, 2000). *Ethical issues in group work: What decisions will you make?* South Central Association for Counselor Education and Supervision. Greensboro, NC.
- Page, B., Mitchell, C., Olson, S., & Vernon, D. (October, 2000). *Ethical issues in group work: What decisions will you make?* North Central Association for Counselor Education and Supervision. Indianapolis, IN.
- Boughner, S., & Olson, S. (October, 1999). *The meaning box: A narrative therapy technique*. Presented at the Association for Counselor Education and Supervision Conference. New Orleans, LA.

## TEACHING EXPERIENCE

- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Theories of Counselor Supervision*, COUN 7334, 2021-present.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Advance Counseling Theories*, COUN 7731, 2021-present.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Effective Human Behavior*, COUN 5334, 2020-present.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Clinical Experiences and Technological Innovation (Internship)*, COUN 792/794, 2005-2010.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor *Human Relations*, EDFN-475(Undergraduate)/575(Graduate), Fall 2003, Spring 2004, Summer 2004, Spring 2005, Fall 2005, Summer Online 2006-2018.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Human Development and Psychological and Social Intervention*, COUN 755, Fall 2003.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Pre-Practicum*, COUN 786, Fall 2003-2005, 2010, 2014, 2018-2019, Spring 2007.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Practicum*, COUN 795, Fall 2004, 2005, 2006, 2012, Spring 2012-2019.

- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Career Counseling*, COUN 742, Spring 2004, 2005, 2006, Summer 2006, Fall Online 2005, 2006.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Counseling in Administrative Settings*, COUN 862, Spring 2004-2006, Summer 2005.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Administration of Clinical Mental Health Counseling Services*, COUN 713, Spring 2005, 2006, 2007.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Counseling Theories*, COUN 761, Fall 2008-2016, Spring 2009-2019.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Childhood through Adulthood Psychopathology*, COUN 738, Spring Online 2011, Fall Online 2011-2016, 2019.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Practicum: Doctoral Supervision II*, COUN 895, Fall 2006-2013, 2016, 2018.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Practicum: Group Counseling*, COUN 895, Spring 2008-2011.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Group Theories*, COUN 766, Spring 2011, Fall 2011-2012.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Practicum: Group Counseling*, COUN 895, Spring 2008-2011.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Advanced Counseling Issues in Culture, Diversity, and Advocacy*, COUN 731/831, Fall 2009.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Diagnosis and Intervention in Counseling*, COUN 737, Spring 2013-19.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Brief Counseling Approaches to Substance-Use Related Problems*, COUN 743, Spring 2005, Summer Online 2006-2012, 2019.
- Developed course syllabus, lecture, group discussion, activities, assignments, and evaluation Instructor, *Clinical Supervision Training*, COUN 770, Summer Online 2012-2016.

## PROFESSIONAL MEMBERSHIPS

South Dakota Counseling Association	1997-1999, 2003-2020
American Counseling Association	1997-present
Association for Counselor Education and Supervision	1998-2011
Chi Sigma Iota Honorary Society	1998-2010

## SERVICE

- Board Member for South Dakota Board of Examiners for Counselors and Marriage and Family Therapists (2019-2020)
- President South Dakota Counseling Association (2019-2020)
- President-Elect South Dakota Counseling Association (2018-2019)
- Treasurer for South Dakota Counseling Association (2016-2018)
- Member of University of South Dakota Graduate Council (2011-2019)
- Member of School of Education Curricular Affairs Committee (2011-2019)
- Member of School of Education Dean's Advisory Board (2007)

- President for South Dakota Association for Counselor Educators and Supervisors (2007-2008)
- Faculty Advisor to Chi Sigma Iota Honorary Society (2005-2007)

#### TRAINING EXPERIENCE (CEU's)

- Ten Principles for doing effective couple's therapy (14 contact hours) 2019
- How to be an effective couple's therapist (5.25 contact hours) 2019
- Nutritional Interventions for Mental Health Disorders (6.25 contact hours) 2018
- DBT Practice-based intensive 8-week course (24.25 contact hours), 2017
- Domestic Violence and Mental Health (3 contact hours), 2016
- Evidence-based trauma treatment and interventions (15 contact hours), 2016
- Mental Health Fundamentals (8 contact hours), 2015
- John Gottman Refresher (4 contact hours), 2015
- Domestic Violence and Mental Health (3 contact hours), 2015
- Domestic Partner Violence (10 contact hours), 2015
- Eating Disorders Treatment and Best Practices (12 contact hours), 2015
- Co-Occurring Disorders: Brief Interventions (20 contact hours), 2013
- Ethics and Boundaries Training (8 contact hours), 2013
- Brief Intervention Training (4 contact hours), 2013
- Psychopharmacology Training (6 contact hours), 2013
- Revolutionizing Diagnosis and Treatment Using the DSM-5 (5.75 contact hours), 2013
- Motivational Interviewing Training (20 contact hours), 2012
- John Gottman's Couples Training (80 contact hours), 2009-20011