



Michelle Robichaux

Dissertation Defense
College of Education
Department of Counselor
Education
PhD in Counselor Education

**Reclaiming the Sacred Feminine: A Qualitative
Exploration of Female Counselors' use of Reiki and
Tarot**

This research explores female counselors' lived experiences using Reiki and Tarot in client sessions. Grounded in feminist theory, the study aims to understand how gender-role socialization influenced female counselors' self-perception as healers and their use of traditionally defined feminine skills when employing holistic and contemporary healing practices (HCHPs) in counseling. The findings of this study seek to deepen counselors' understanding of the fem-identified skills used in Reiki and Tarot, thus highlighting feminine approaches to healing to challenge systemic sexism and cultural bias within the counseling profession.

Event Information

Date: 10/31/2024

Time: 1pm CST

Location: Zoom

Committee Members

Dr. Yvonne Garza-Chaves

Dr. Felicia Mirghassemi

Dr. Renee Turner



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